



## Daily At-Home Schedule 2020

Timeframe	Activity	Description
Before 9 am	Wake Up!	Eat breakfast Make your bed Get dressed
9 am – 10 am	Worship & Devotional	Praise & Worship Daily Bible Reading Plan- Kids Bible Memory Verse
10 am – 11 am	Academic Time	Reading iReady, MyOn, ABC Mouse, Starfall, Ticket to Read, etc...
11 am – 11:30 pm	Lunch	Make & Clean Up Lunch
11:30 am – 12 pm	Quiet Time	Silent Reading, Puzzles, Rest
12 pm – 1 pm	Academic Time	Math & Content Area iReady, Reflex, SumDog, Multiplication Discovery Education, National Geographic, Khan Academy, Gizmo
1 pm – 2 pm	Creative Time	Art & Music
2 pm – 3 pm	Outdoor Play	Exercise, Fresh Air
3 pm – 4 pm	Academic Time Wrap Up	Journal what you learned today Finish any outstanding work
4 pm – 5 pm	Free & Creative Play	No devices. Games and create
5 pm -6 pm	Dinner	Help clean up and do chores
6 pm – 7 pm	Family TV Time	Quality TV viewing with family
7 pm – 8 pm	Bedtime Routine	Bedtime Story Bible Memory Verse Bedtime Prayer Requests & Prayers